



PACKING LIST – ROCKMONT FAMILY RETREATS

Required Items

Water bottles

Sunscreen

Bugspray

Hand sanitizer

Face coverings for all family members

Hats or caps

Sunglasses

Flashlights or headlamps

Bedding (sheets, pillows, blankets/sleeping bags)

All Cabins: bunk beds need extra long/jersey twin sheets

Mountain House: sleeps 6 (1 double bed, 4 twin beds)

Valleyview: sleeps 20 (14 twin beds, 1 double bed, 1 queen bed, 1 queen futon)

Gloryland: sleeps 18 (2 queen beds, 14 twin beds)

Grey Eagle: sleeps 33 (1 double bed, 31 twin beds)

Lake House: sleeps 3 (1 twin bed, 1 double bed)

Bath towels

Beach towels

Swimsuits

Water shoes for waterfront activities

Flip-flops or other waterproof shoes for showers

Tennis shoes

Fleece jackets or sweatshirts

Raincoats

Personal Clothing (shorts, tee shirts, etc.)

Please note: Bring enough clothing to last the duration of your stay. Rockmont will not be providing laundry services. However, there is a laundromat close by in Black Mountain.

Optional Items

Day pack for hiking

Hiking boots

Tennis racket and balls

Boots with heels for horseback riding

Jeans for horseback riding

Riding helmet for horseback riding

Fishing rod and gear

Bikes and helmets (Rockmont will have mountain bikes available for scheduled biking activities, but bring your own if you want to use it outside of scheduled skill times)

Musical instruments (fun to have for evening campfires)
Discs for disc golf
Folding chairs or blankets for sunbathing or movie night
Yoga mats
Books (Bible, sketch pad, birdwatching/wildflower reference guides, etc.)
Battery operated fan (it can get stuffy in the cabins if the weather is warm)
Camera and binoculars

What Not To Bring

No Guns
No Fireworks
No Pets