



ATTENTION WATERFRONT RENTAL GROUP LEADERS AND ATTENDEES

We are excited that your group will be coming soon to enjoy the Camp Rockmont facilities, whether you are a first timer or a repeat guest. The waterfront at Rockmont is one of the most spectacular in western North Carolina.

Safety at our waterfront is a priority, and it's one of the key reasons we developed the following guidelines to share with your attendees. We pride ourselves in hiring and training some of the finest lifeguards that are available. Although it is their job to keep the waters safe, we need your assistance also.

Summer campers and staff at Rockmont are swim-tested at the start of each camp session so that we know everyone's swimming ability. Unfortunately, it is not possible to swim test each individual that visits our waterfront with an off-season rental group (August through May). *Therefore, it is critical that your rental group understands our safety guidelines and communicates them to all your attendees.*

WATERFRONT SAFETY GUIDELINES FOR ALL RENTAL GROUPS

DEPTH MARKERS: Since you cannot always see the lake bottom in our swimming areas, please note the square-shaped depth markers placed on the dock in each swimming area. The beach swimming area's depth ranges from 0-feet at the beach and gradually increases to 4-feet near the dock opposite the beach. The water basketball and water volleyball area is 4-feet deep. Though it is accessed from a different part of camp, the Gullywasher (our 70-yard long tarp slide) empties into a swim area that is 5-feet deep, and is not to be used by non-swimmers. Also, no lifejackets are allowed on the Gullywasher. All other swimming areas at the waterfront – between the basketball/volleyball area and the blob – are more than 4-feet deep and are not to be used by non-swimmers. Please note that the corkscrew slide is located in a swim area that is 12-feet deep. **Please do not hesitate to ask the lifeguards if you are unsure of a swim area's depth.**

NON-SWIMMERS & POOR SWIMMERS: Please inform us of any non-swimmers, poor swimmers, or anyone with special needs in your group. We will provide them with a lifejacket and care for them in a professional manner.

NEVER SWIM ALONE: Please ask your attendees to "Buddy Up" or swim in groups whenever possible. Swimming together is more fun and much safer, as it provides accountability among attendees.

RESPECTING THE RULES: Please ask your attendees to follow our rules that are posted at each swimming area. If they have any questions, please instruct them to ask the lifeguards.

YOUNG CHILDREN: Small children and infants are especially vulnerable and can drown in less than 2 inches of water. Please ask parents of small or young children to always be close by and observant.

WEATHER HAZARDS: At Rockmont, we use **THOR GUARD**, a lightning prediction and warning system, to determine when weather conditions are becoming unsafe for swimming. Thor Guard will produce **ONE** distinctive, 15-second loud blast when lightning becomes a threat. We will ask all of your attendees to take cover in the Eden Hall dining hall or Brookside Gymnasium. **THREE** loud, 5-second short blasts will let your guests know it is safe to resume all activities outdoors.

Please note: There will be times that the lifeguards may choose to clear the waterfront using **ONE** 5-second whistle blast, blown by all guards simultaneously, if they determine that it is unsafe to swim. This whistle blast will be accompanied by an announcement over the waterfront loud speakers to clear the waterfront and move indoors.

FIRST AID AND EMERGENCIES: In the event of a first aid emergency or any other kind of emergency, please notify the Rockmont liaison on site AND also notify your rental group leader. There is a first aid kit and automated external defibrillator (AED) available at the waterfront cabana, which can be accessed by either the Rockmont liaison or the lifeguard stationed at the waterfront cabana.

ANY QUESTIONS OR FEEDBACK? Please do not hesitate to ask any lifeguard or member of our Waterfront Staff any questions you might have about the facility or its safety guidelines. We also welcome any feedback you might have.

Thanks for choosing Rockmont's waterfront facilities. We look forward to having you here at Rockmont!